

Your Ultimate Source for OEM Repair Manuals

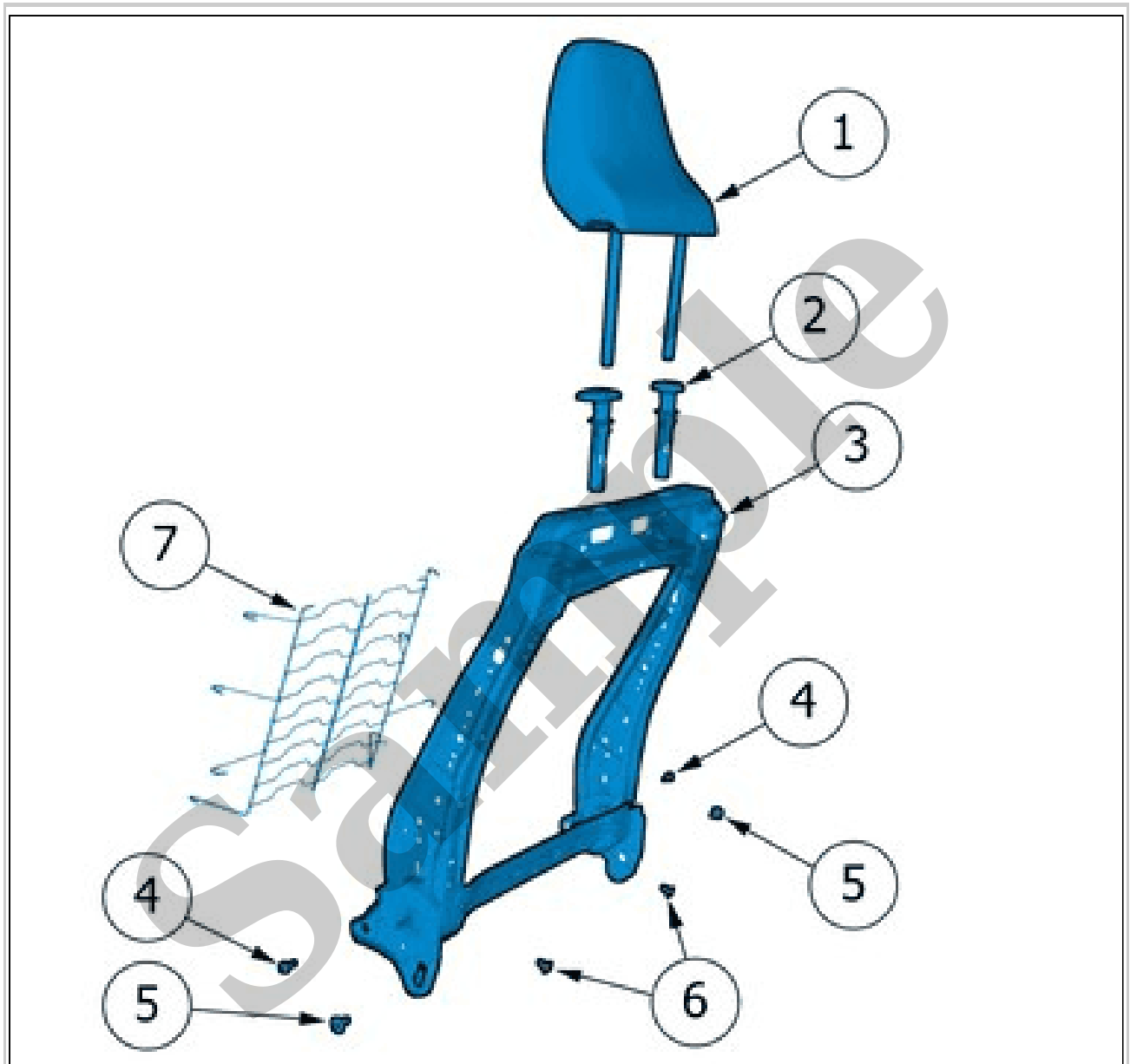
FactoryManuals.net is a great resource for anyone who wants to save money on repairs by doing their own work. The manuals provide detailed instructions and diagrams that make it easy to understand how to fix a vehicle.

2016 VOLVO V40 Cross Country OEM Service and Repair Workshop Manual

[Go to manual page](#)

NOTE: Removal steps in this procedure may contain installation details.

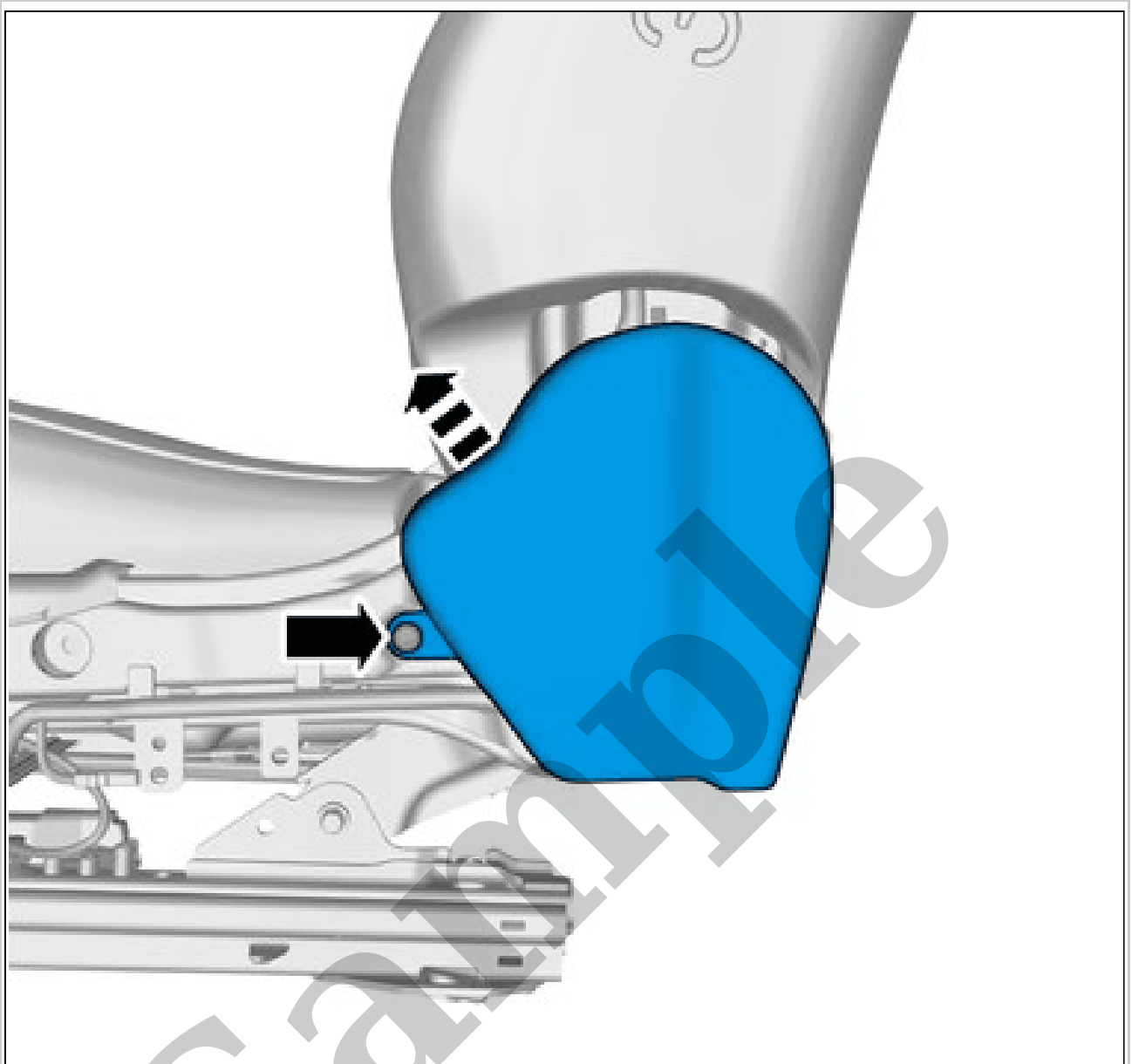
Remove front seat. Refer to: FRONT SEAT



Courtesy of VOLVO CARS CORPORATION

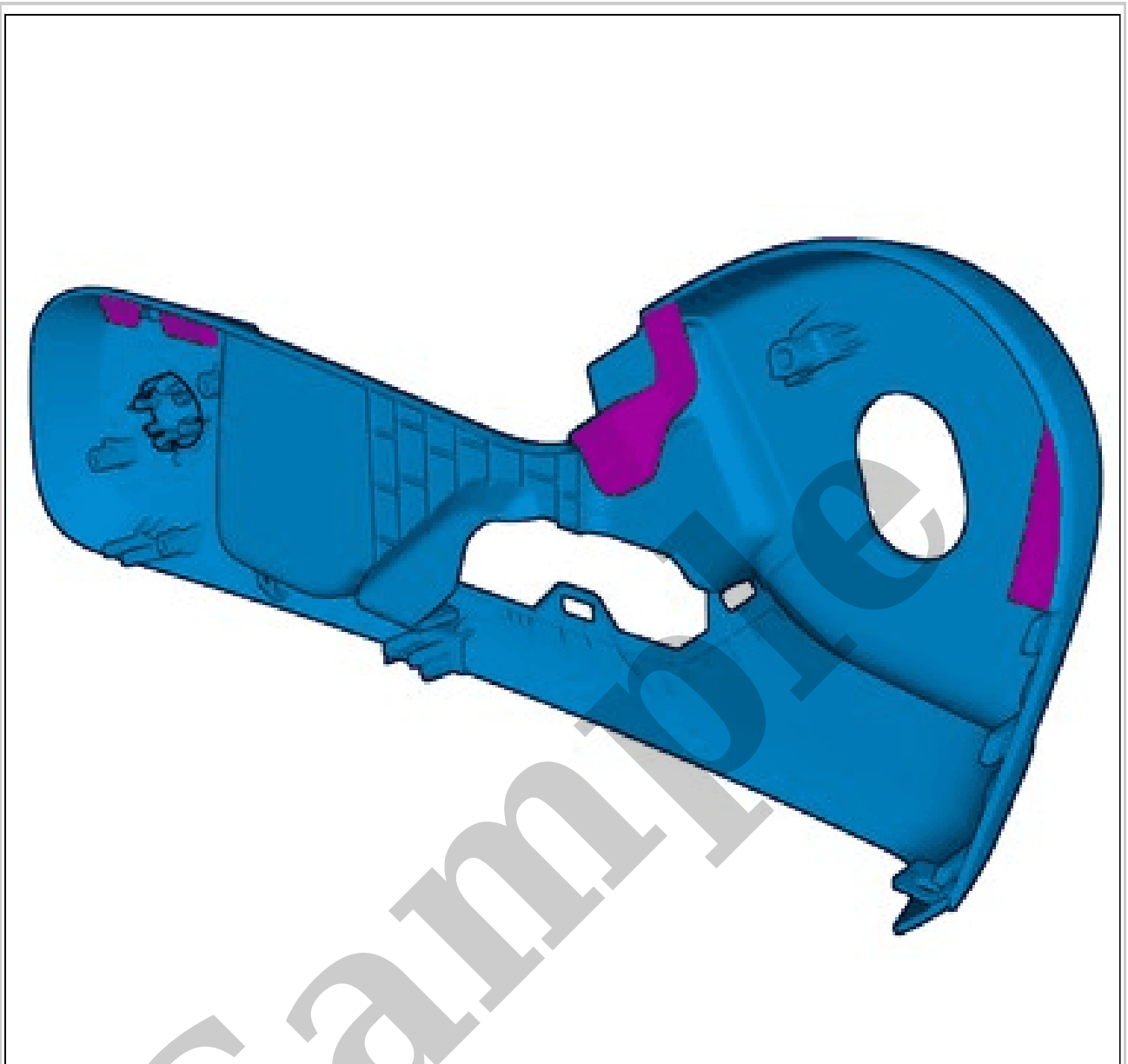
Components that must always be replaced with new.

1. Head restraint
2. Head restraint bushing
3. Backrest frame
4. Screw



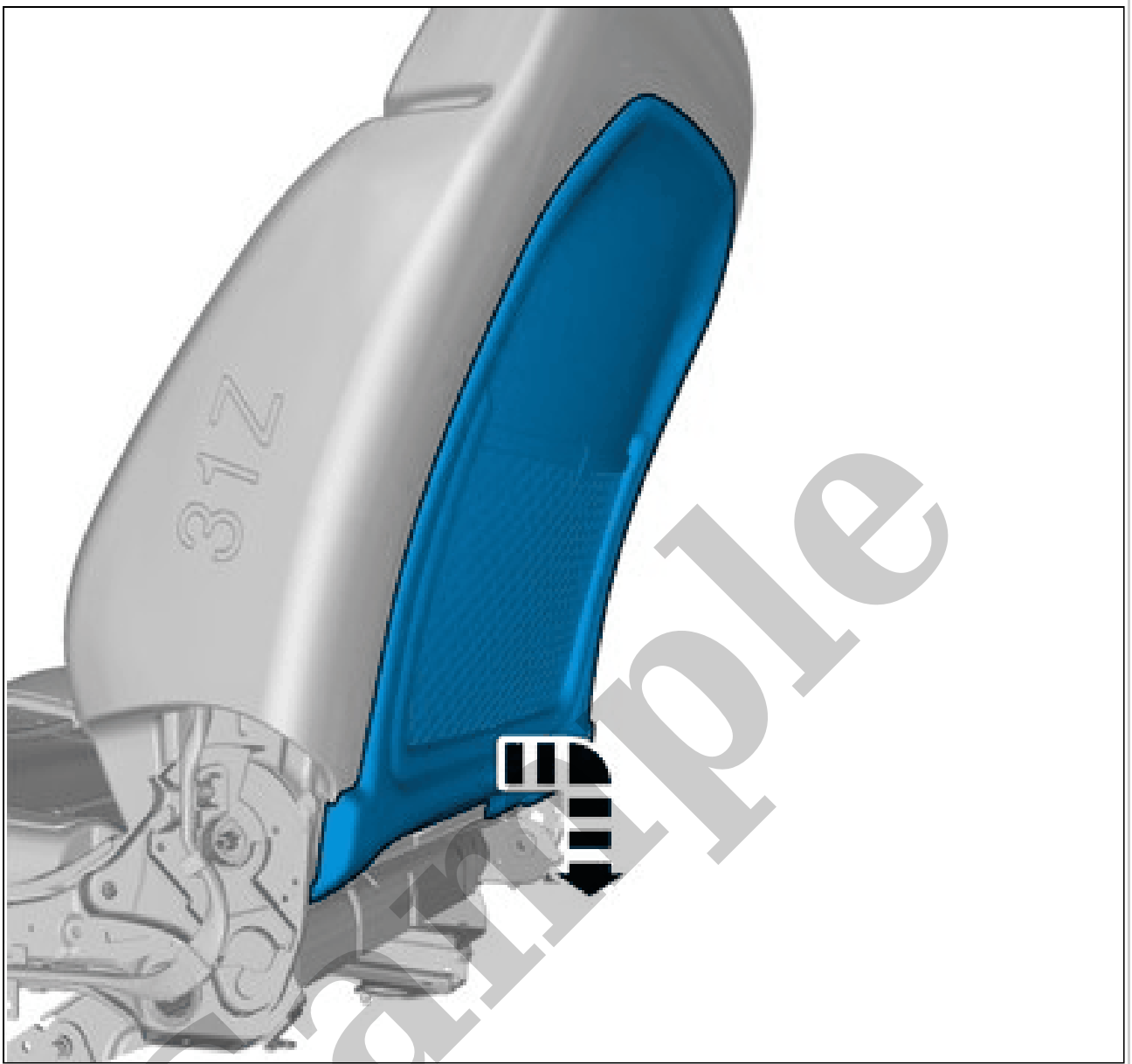
Courtesy of VOLVO CARS CORPORATION

Remove the clip.
Remove the marked part.



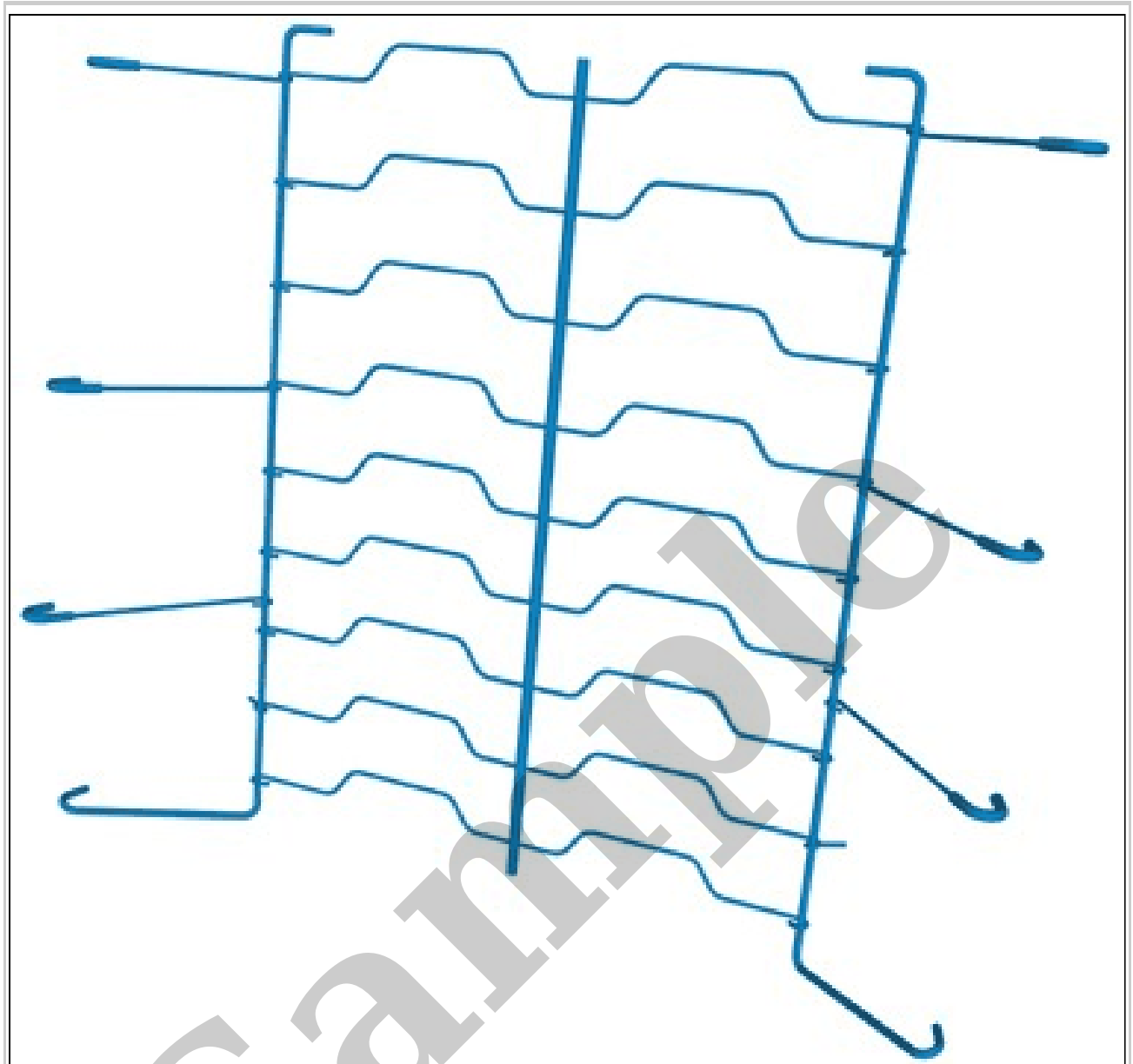
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NOTE: *The graphic shows the back of the component before removal.*



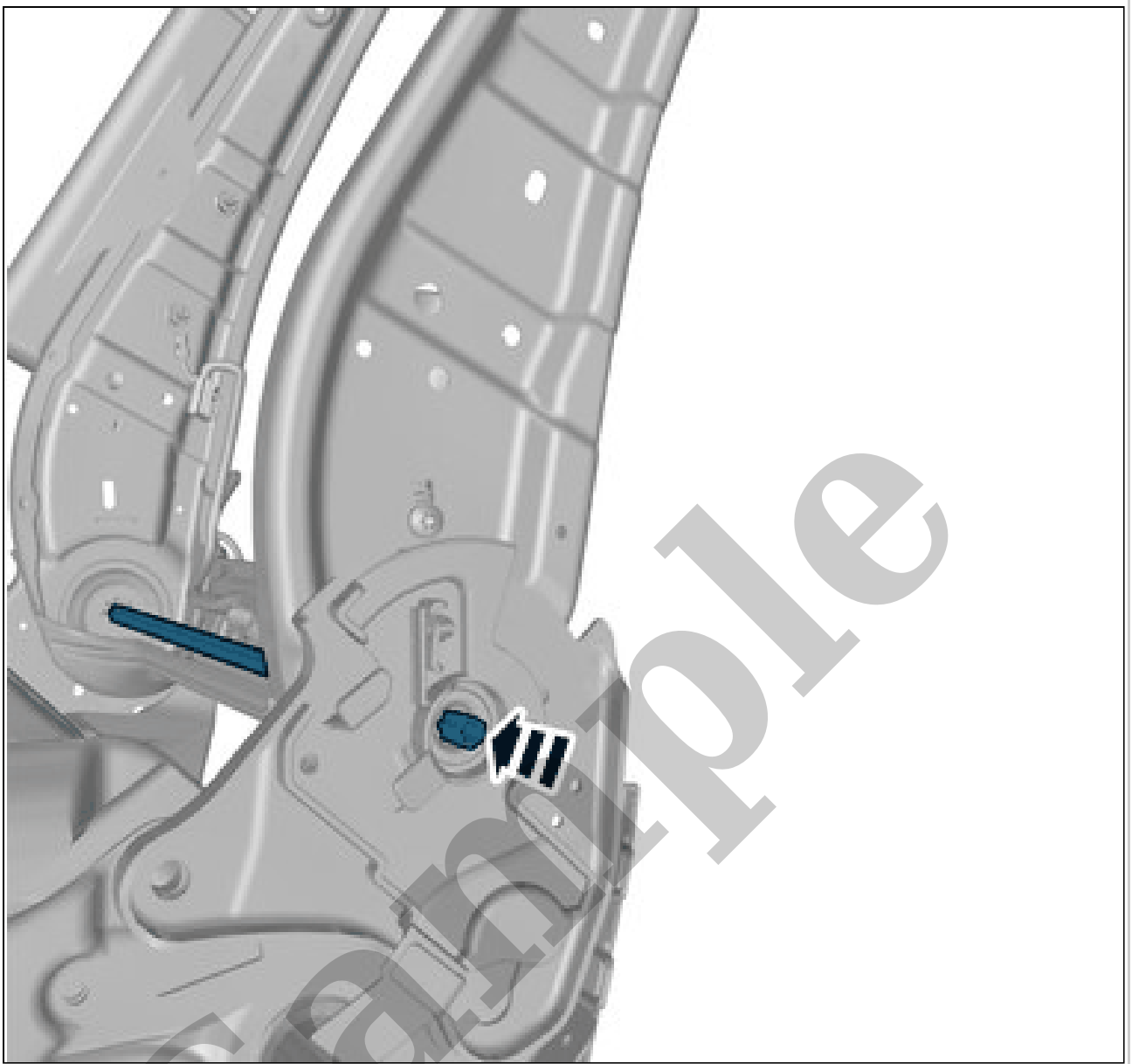
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Remove the marked part.



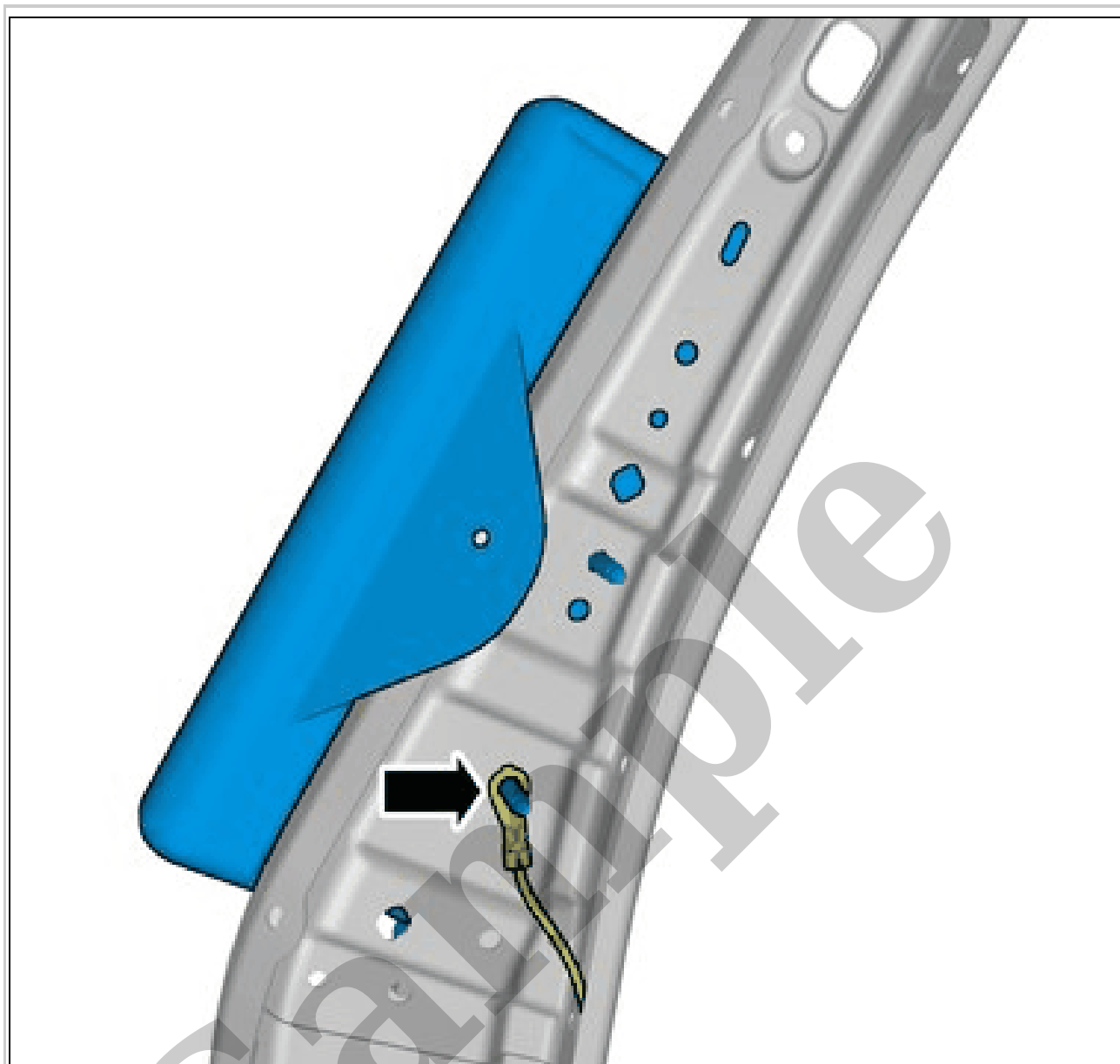
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NOTE: *Orientation view*



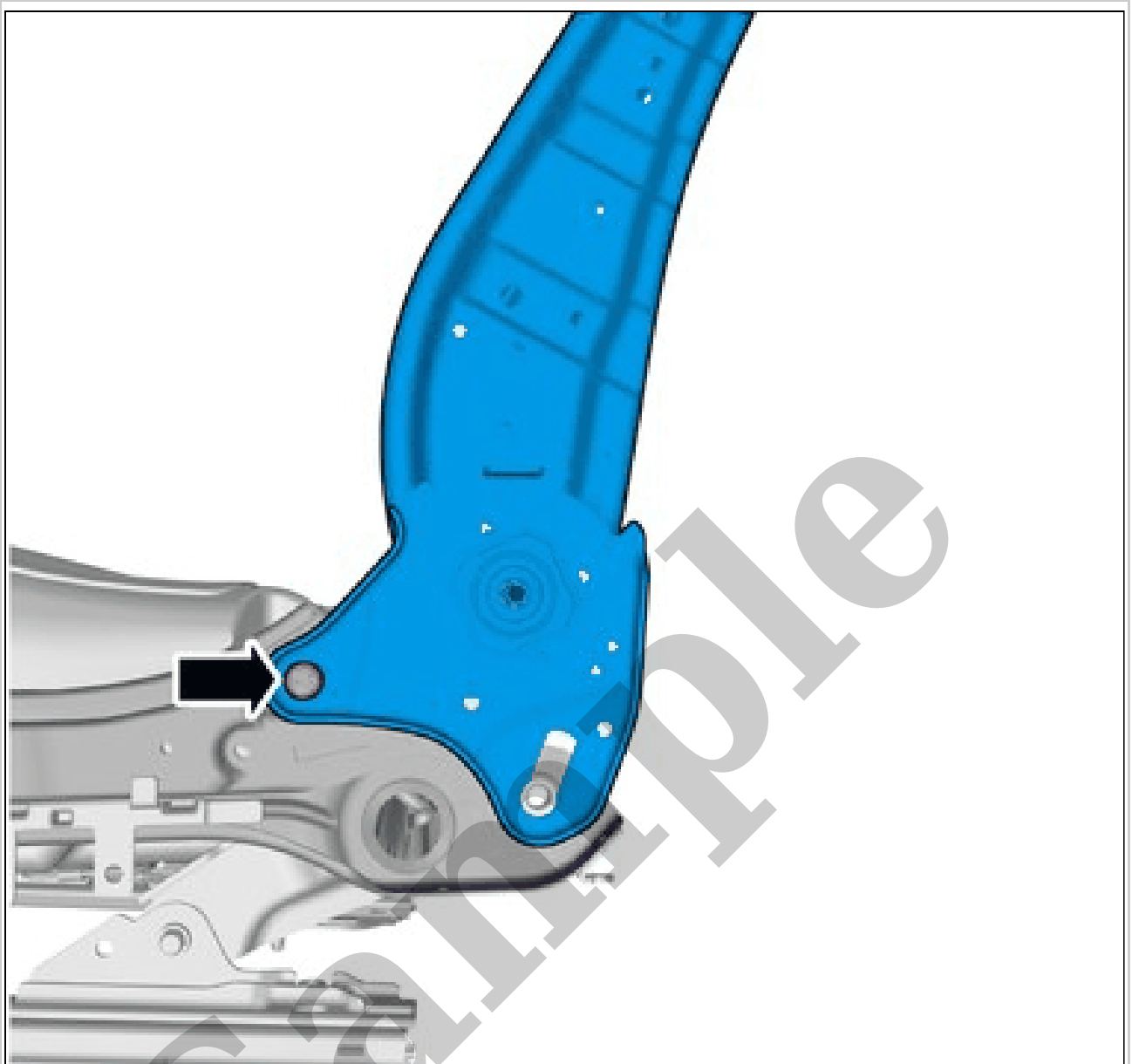
Courtesy of VOLVO CARS CORPORATION

Remove the marked part.



Courtesy of VOLVO CARS CORPORATION

Loosen the wiring harness or move it to the side.
Remove the marked part.



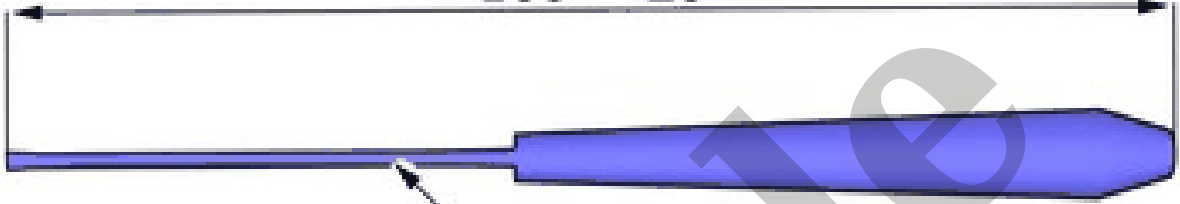
Courtesy of VOLVO CARS CORPORATION

Remove the screw.
Remove the marked part.
The part is not to be reused.

**COLLISION PROTECTION UNIT FROM BEHIND FRONT SEAT > COLLISION
PROTECTION UNIT FROM BEHIND FRONT SEAT [2018-2022] > INSTALLATION
ON BOTH SIDES.**

mm

160 ± 20



4 ± 1.0

Courtesy of VOLVO CARS CORPORATION