

Your Ultimate Source for OEM Repair Manuals

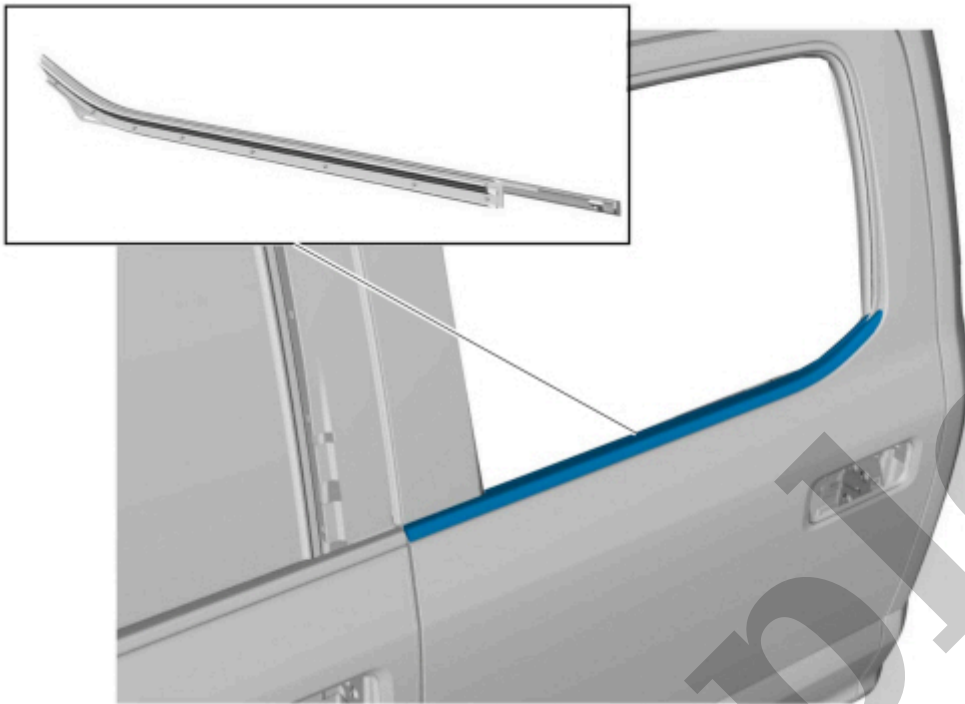
FactoryManuals.net is a great resource for anyone who wants to save money on repairs by doing their own work. The manuals provide detailed instructions and diagrams that make it easy to understand how to fix a vehicle.

1986 FORD Capri OEM Service and Repair Workshop Manual

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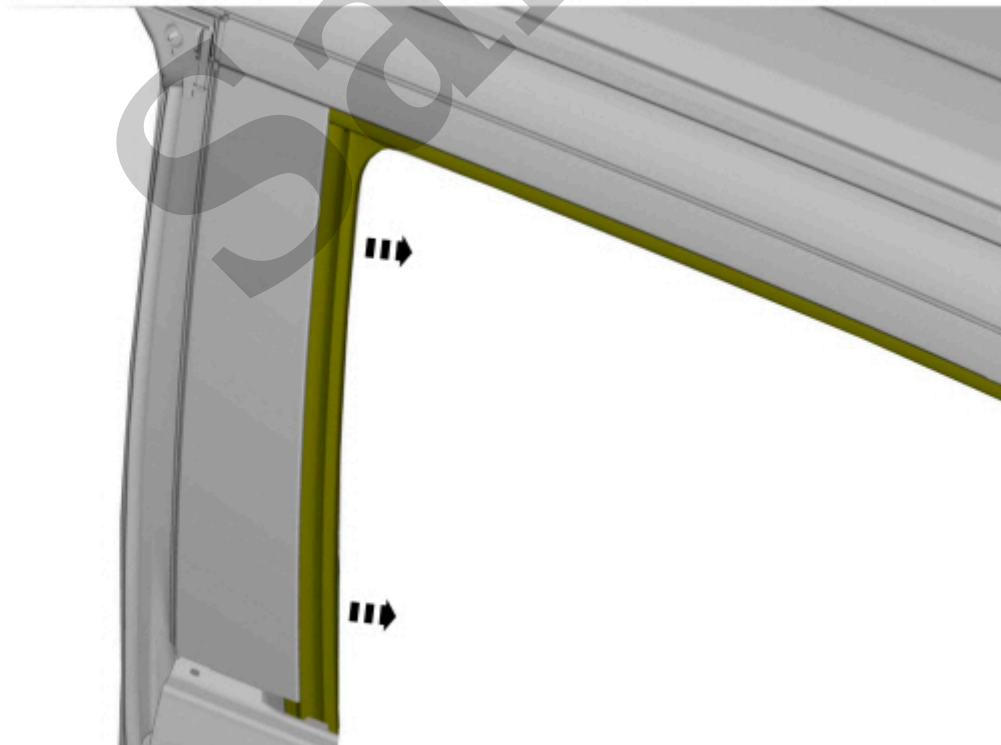
7. Using a non-marring trim tool, carefully pry along the edge of the outer belt moulding to release.



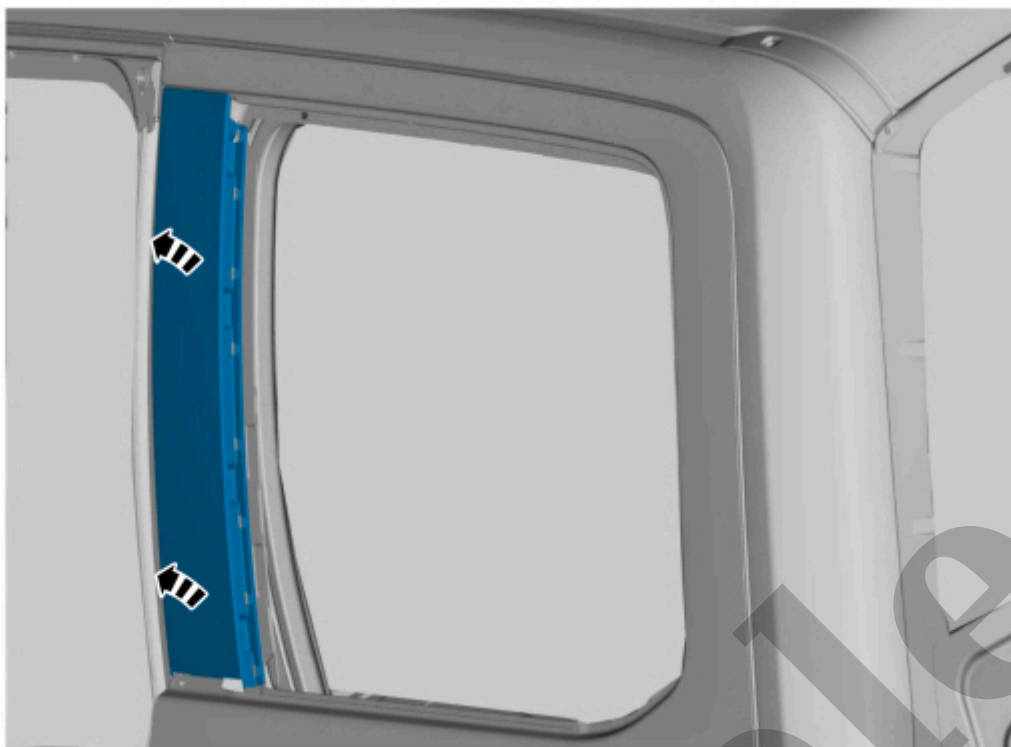
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8. Position aside the glass run weatherstrip.



E193401



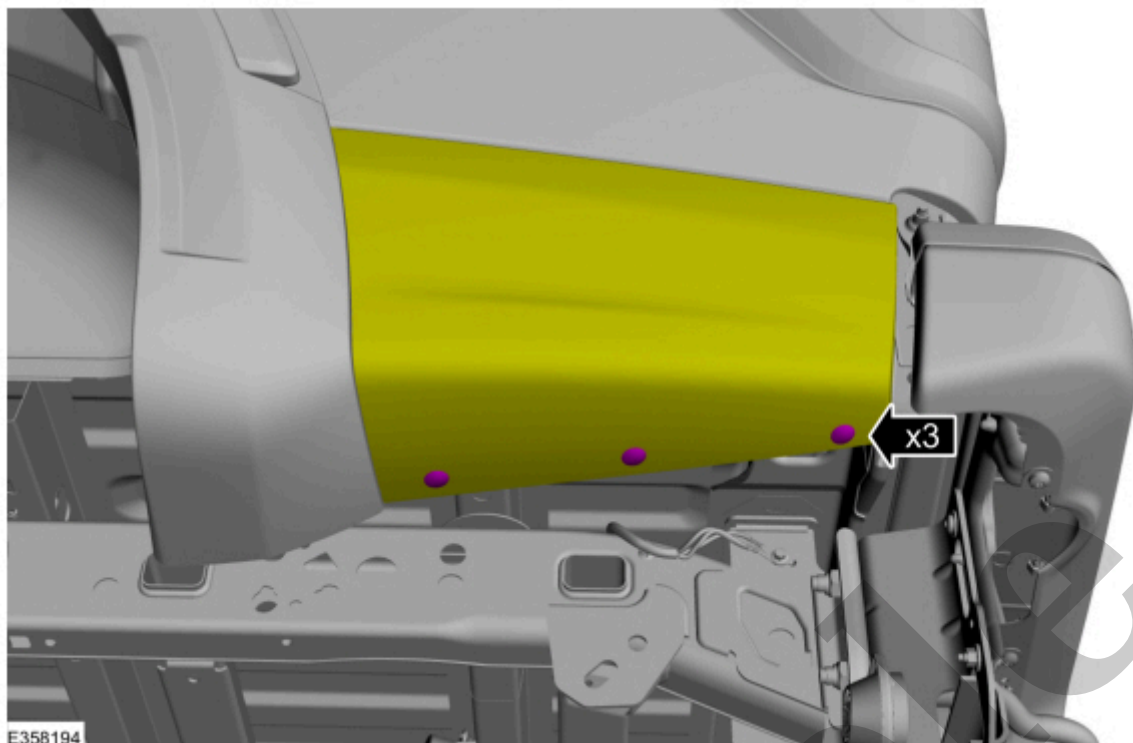
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Installation

1. To install, reverse the removal procedure.

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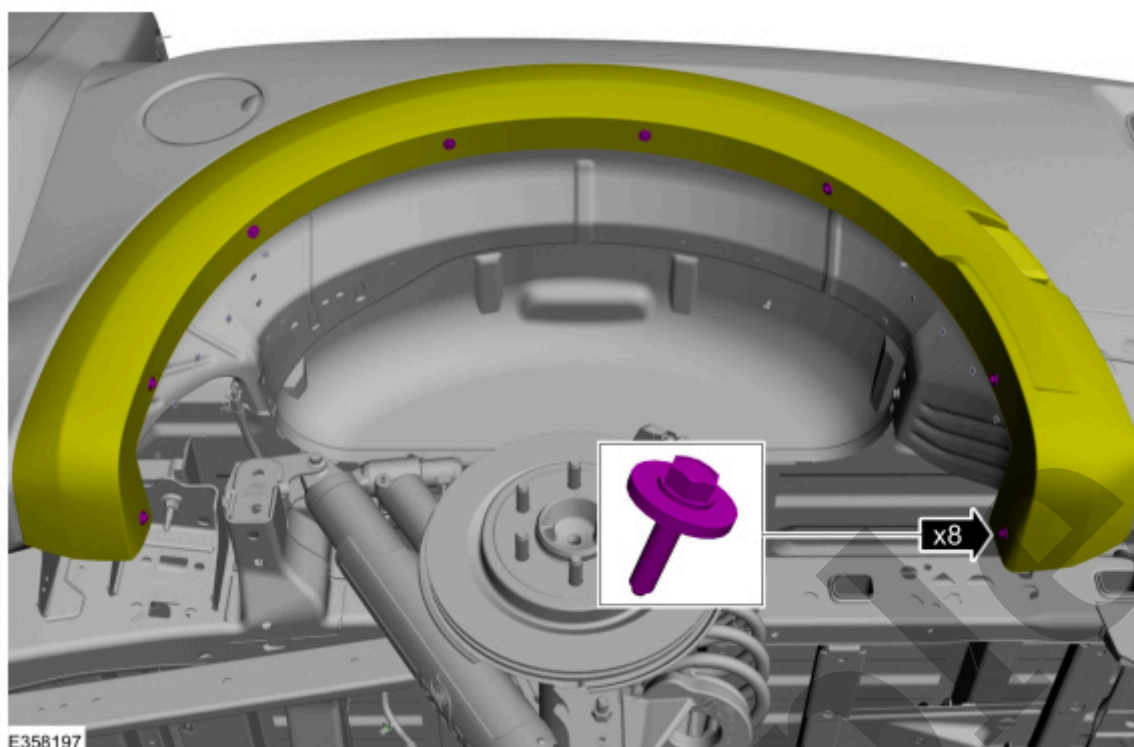
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2. NOTICE

Compress the retainers from the inside of the quarter panel using an 8 mm socket to compress clip tangs to prevent damage to the moulding.

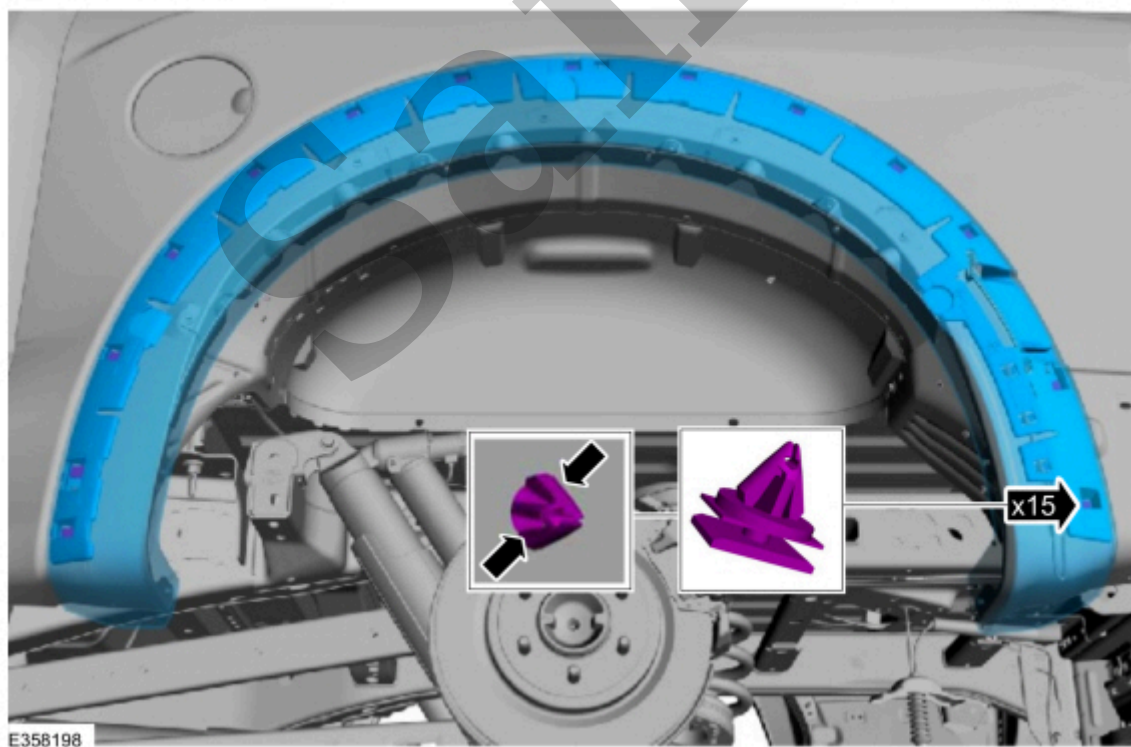
Using a non-marring trim tool, detach the retainers and remove the moulding.

Torque : 22 lb.in (2.5 Nm)



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5. Using a non-marring trim tool, detach the retainers and remove the moulding.



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Roof Moulding

<i>501-08 Exterior Trim and Ornamentation</i>	<i>2022 F-150</i>
<i>Removal and Installation</i>	<i>Procedure revision date: 09/1/2020</i>

Roof Moulding

Removal

NOTE

Removal steps in this procedure may contain installation details.

- 1. Remove the following items:
 - 1. Remove the back glass.
Refer to: [Fixed Glass](#)(501-11 Glass, Frames and Mechanisms, General Procedures).
- 2. Drill out the rivets and remove the moulding.



Running Board - Electric

<i>501-08 Exterior Trim and Ornamentation</i>	<i>2022 F-150</i>
<i>Removal and Installation</i>	<i>Procedure revision date: 04/22/2022</i>

Running Board - Electric

Removal

NOTE

Removal steps in this procedure may contain installation details.

NOTE

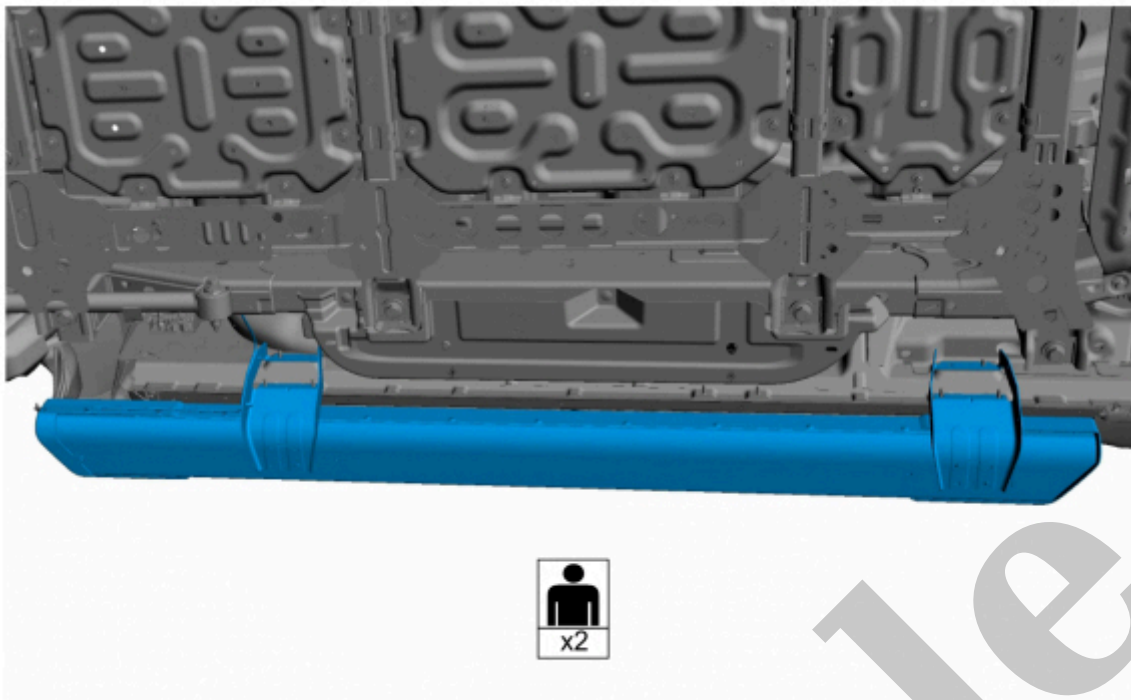
LH (left-hand) side shown, RH (right-hand) similar.

1. With the vehicle in NEUTRAL, position it on a hoist.

Refer to: [Jacking and Lifting - Overview](#)(100-02 Jacking and Lifting, Description and Operation).
2. 1. Detach the wiring harness clip, disconnect the electrical connector.

2. Remove the nuts from the attachment brackets.

Torque : 16 lb.ft (22.0 Nm)

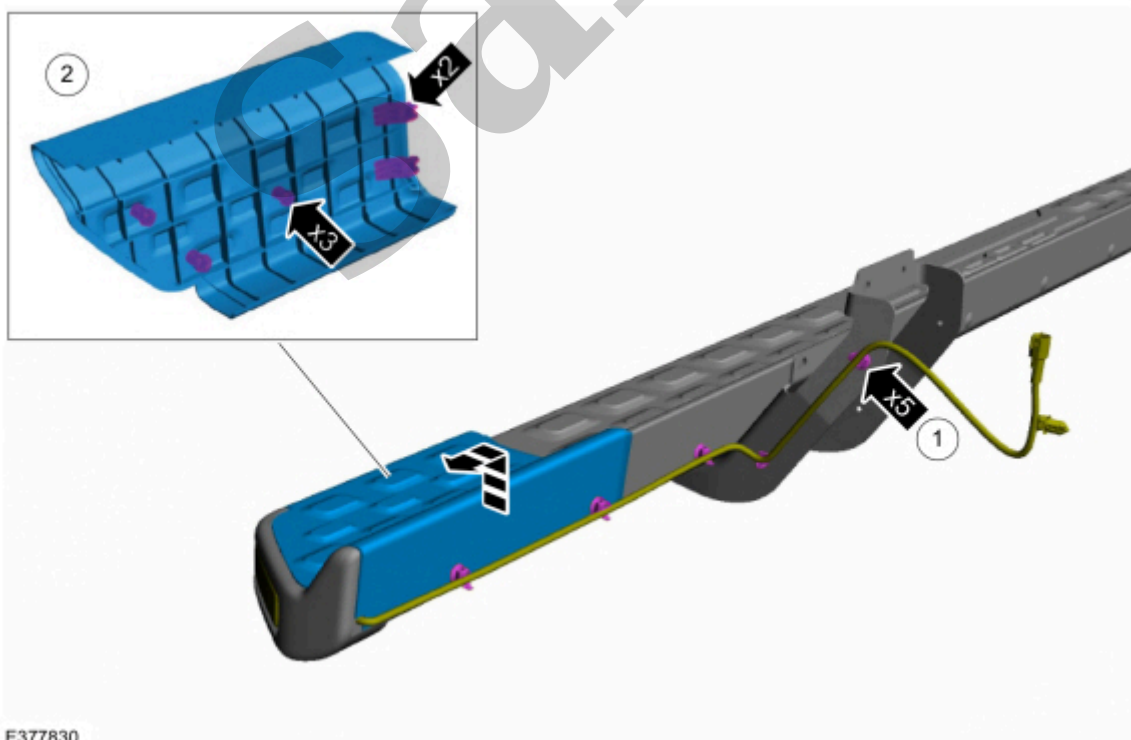


E377828

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4. If necessary.

1. Detach the wiring harness clips.
2. Release the clips and remove the running trim panel.



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Running Board - Raptor/Tremor

<i>501-08 Exterior Trim and Ornamentation</i>	<i>2022 F-150</i>
<i>Removal and Installation</i>	<i>Procedure revision date: 08/5/2021</i>

Running Board - Raptor/Tremor

Removal

NOTE

Removal steps in this procedure may contain installation details.

NOTE

LH (left-hand) side shown, RH (right-hand) similar.

1. With the vehicle in NEUTRAL, position it on a hoist
Refer to: [Jacking and Lifting - Overview](#)(100-02 Jacking and Lifting, Description and Operation).

2. **NOTE**

This step requires the aid of another technician.

Remove the nuts and the running board assembly.

Torque : 17 lb.ft (23 Nm)



Running Board

501-08 Exterior Trim and Ornamentation	2022 F-150
Removal and Installation	Procedure revision date: 11/4/2014

Running Board

Removal

NOTE

Removal steps in this procedure may contain installation details. LH (left-hand) side shown, RH (right-hand) similar.

1. With the vehicle in NEUTRAL, position it on a hoist.

Refer to: [Jacking and Lifting - Overview](#)(100-02 Jacking and Lifting, Description and Operation).

2. NOTE

Regular Cab shown, SuperCab and Super Crew similar.

Remove the 6 nuts from the attachment brackets.

Torque : 16 lb.ft (22 Nm)