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1985 FORD Bronco OEM Service and Repair Workshop Manual

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Front Seat Track Motor

501-10A Front Seats	2022 F-150	
Removal and Installation	Procedure revision date: 10/2/2020	

Front Seat Track Motor

Removal

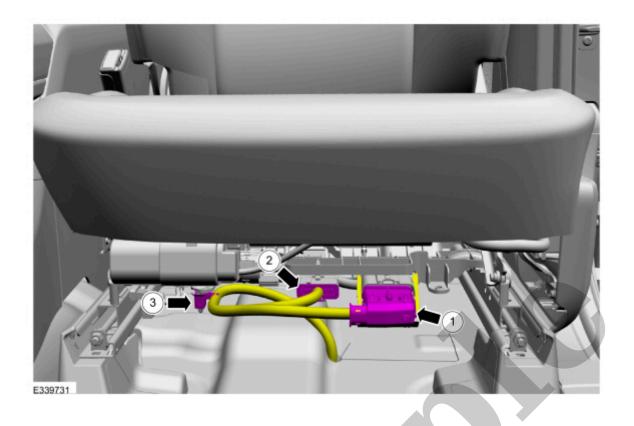
NOTE

Driver MCS (Multi-Contour Seat) seat shown, other seats similar.

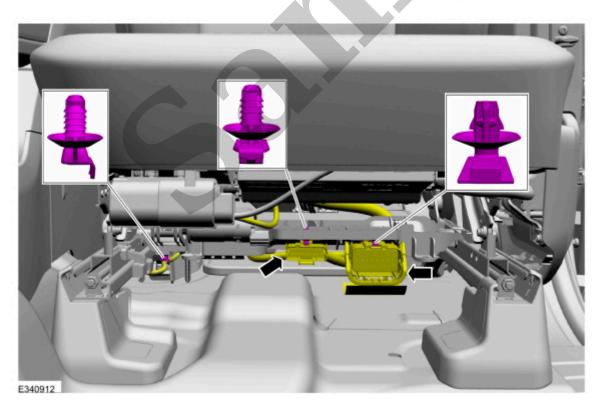
1. NOTE

Positioning the front seat fully upward provides access to service the front seat track motor with the seat in the vehicle.

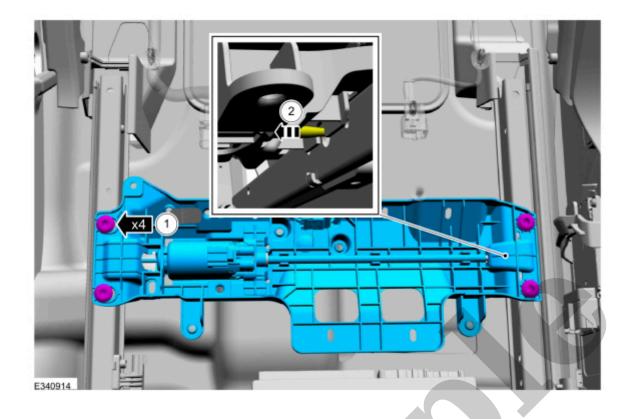
Move the front seat to the full upward position.



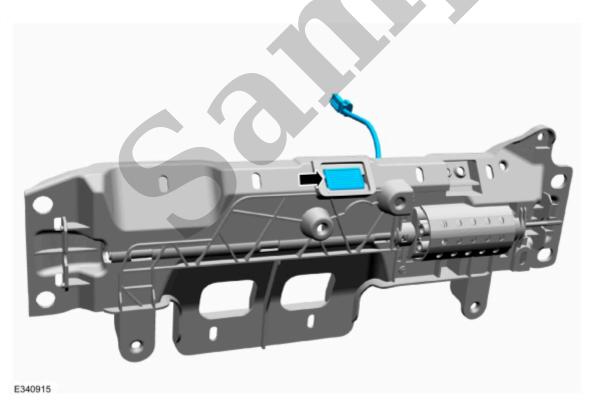
4. Detach the seat position sensor wiring harness retainer and front seat connector(s) from the front seat track motor carrier.



Click here to learn about symbols, color coding, and icons used in this manual.



7. Remove the front seat track light.



Click here to learn about symbols, color coding, and icons used in this manual.

Installation



3. NOTICE

When using a drill to move the seat track, do not move the front seat track to its forward or rearward end of travel stops, otherwise a new front seat track must be installed.

NOTE

Typical front seat track shown, other front seat tracks similar.

NOTE

Be sure to drive the front seat track evenly or the track will bind during movement.

NOTE

Rotate the cables using 2 drills operating at similar speeds to most efficiently position the front seat track.



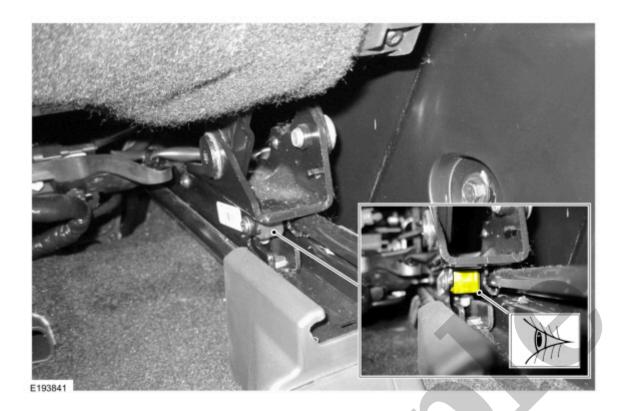
5. **NOTE**

Typical front seat track shown, other front seat tracks similar.

NOTE

Front seat side shield removed for clarity.

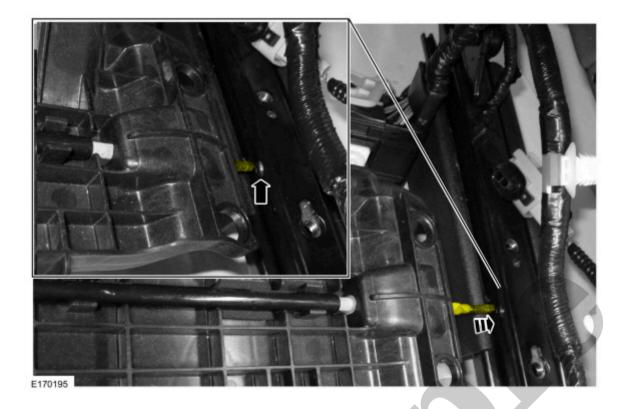
On both sides, remove the front seat track motor bolts.



7. NOTE

Typical front seat track shown, other front seat tracks similar.

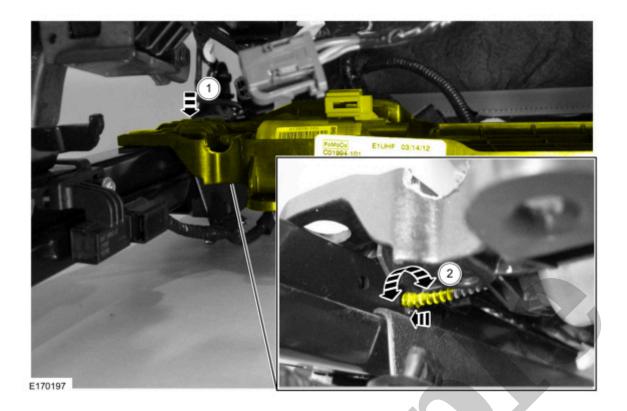
To aid installation, pull the long drive cable on the new motor assembly out of the sheathing.



9. NOTE

Typical seat track shown, other seat tracks similar.

Rotate the long drive cable to verify engagement to front seat track gearbox.



11. NOTICE

Do not cross-thread the bolts as they are load bearing. If the bolts are cross-threaded, a new front seat track must be installed.

NOTE

Front seat track components and wiring harness are removed for clarity.

Install the seat track motor and install the new bolts in the sequence shown.

1. Install the rear inboard bolt.

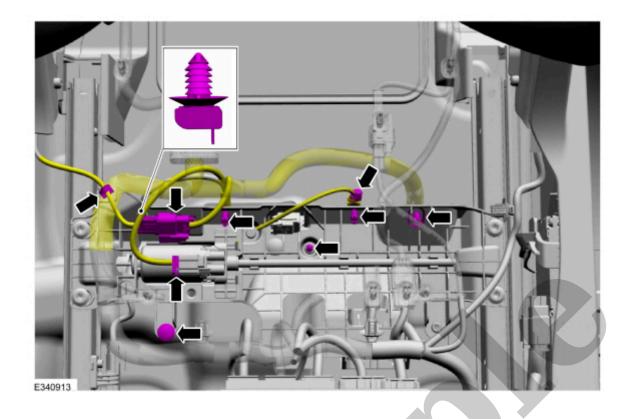
Torque : 21 lb.ft (28 Nm)

2. Install the front inboard bolt.

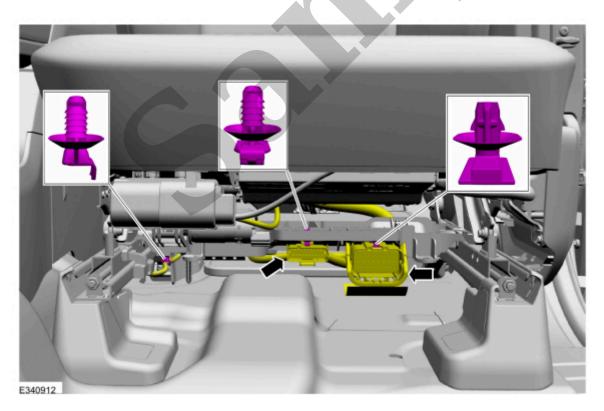
Torque : 21 lb.ft (28 Nm)

3. Install the rear outboard bolt.

Torque : 21 lb.ft (28 Nm)



13. Attach the seat position sensor wiring harness retainer and front seat connector(s) to the front seat track motor carrier.



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